

Instructions on applying for a mobility allowance

You can apply for the mobility allowance, if you meet the requirements of the allowance (see other side).



1. Please fill out the mobility allowance application carefully.

a-kassa.fi/en/ohjepankki/ → [Mobility allowance application \(in Finnish\)](#)



2. Attach a copy of your employment contract to the mobility allowance application.

If you do not yet have a written employment contract, submit it to A-Kassa as soon as you get it. If the employment contract is not done in writing, submit a report of the main terms of the employment to A-Kassa.

a-kassa.fi/en/ohjepankki/ → [Explanation of the central terms of the employment \(in Finnish\)](#)



3. Submit the mobility allowance application and a copy of your employment contract to A-Kassa



- via eService as an attachment (select mobility allowance application as the type of document)
- or by post to Avoin työttömyyskassa, PL 116, 00531 Helsinki.

You can log in to eService using your online banking credentials or a mobile certificate.

Apply for the mobility allowance within three months of the start of the employment contract or related recruitment training.

Information on the mobility allowance



Right to the mobility allowance

You can apply for the mobility allowance if

1. you have received unemployment benefits just prior to starting a job or a job-related recruitment training, or your right to the unemployment benefit has been prevented due to an unpaid waiting period, an employment requirement or a waiting period, or you are under the age of 25 and prevented from receiving a daily allowance due to a lack of vocational training or not applying for education
2. your commute at the start of a job or recruitment training is over three hours a day for full-time work and over two hours a day for part-time work (round trip including transfer times)
3. the accepted employment relationship will last at least two months.



Amount of mobility allowance

The mobility allowance is equal to the basic unemployment allowance, and it is paid for up to five days a week.



Duration of mobility allowance

Minimum duration of work	Allowance period	Payable days
2 months	30 days	22–24 days
3 months	45 days	33–35 days
4 months or indefinitely	60 days	44–45 days

If the work is part-time, the mobility allowance is only paid for working days. You may also be entitled to an adjusted earnings-related allowance for the duration of the part-time employment relationship.



Taxation of mobility allowance

The mobility allowance is taxable income. According to the tax authority's order, the withholding percentage of the mobility allowance is always at least 25, if the tax percentage of the wage income tax card is used in the payment of the benefit.